

## **Father English Center Food Pantry**

*Just one* box, bag or can of food *from each family* in our parish *each week* will go a long way in keeping the shelves stocked.

cooking oil	mustard and ketchup
oatmeal	mayonnaise
cereal	cranberry juice
pancake mix	apple juice
pancake syrup	canned meat
sweet potatoes (canned)	noodles
white potatoes (canned)	pudding
flour	Jello
sugar	canned soup
peanut butter	tuna fish
potato flakes (boxed)	salmon
canned vegetables	beef stew (canned)
black beans	jam and jelly
red beans	powdered milk
rice	brownie mix
coffee	hash (canned)
tea	pasta
sugar	pasta sauce
cookies	baby formula
apple sauce	baby food (jarred)
canned fruit	baby cereal
salad dressing	diapers—all sizes

*‘Lord, when did we see you hungry and feed you,  
or thirsty and give you drink?’*

*And the king will say to them in reply,  
‘Amen, I say to you, whatever you did for one of  
these least brothers of mine, you did for me.’*

*Matthew 25: 37,40*